

Respite Services

Blue Care is uniquely positioned as one of Australia's leading residential aged care, community care and retirement living providers. We are founded on a compassionate approach to care and our reputation is built on our highly experienced team who work in more than 260 centres, in 80 communities across Queensland and northern New South Wales.

Respite services are designed to give relief to carers and people in care by offering support where it's needed and therefore enhancing their quality of life. Blue Care recognises the importance of providing a support network for carers to access when they require a break.

Who benefits from respite care?

People who have the responsibility of providing full-time care to their loved ones, such as:

- Frail older people, people with dementia and younger people with a disability
- Older or disabled people who live by themselves who suffer from loneliness and isolation

Types of respite services available

Our respite services provide carers with a much deserved break, reassured that the person they care for is being well looked after while they are away from them.

Respite services offer exciting and friendly individualised social and recreational activities either:

- In-home - focusing on lifestyle activities, assistance with light household duties, personal grooming, shopping and meal preparation as well as participation in social activities

- Centre-based - where people attend a day program that may include excursions, outdoor or indoor activities or holiday programs
- Emergency over night respite is available in some areas

What about the carers?

Carers are an important focus of our respite programs. Carers are involved in program planning and assessment of client needs. Carer support groups exist where needed, to provide an opportunity for the carers to meet other carers and provide social support and encouragement of each other.

What does it cost?

Blue Care's respite service receives some Government funding, however, operating costs are more than the funding provided. Therefore, clients will be charged either an hourly or daily rate for In-Home Respite or attending a respite Centre. The fee contributes to costs of care, transport, meals and most activities. At times, an additional fee may be charged for activities attended outside the centre. Please contact Blue Care to discuss costs for your local respite service.

1300 BlueCare
1300 258 322
www.bluecare.org.au

Who is eligible?

Respite services can be provided for:

- Commonwealth Home Support Program (CHSP)
- Department of Veterans Affairs (DVA)
- Home Care Packages (HCPs)
- Disability Services Queensland (DSQ) recipients, eg. Lifestyle Support or Options Plus packages
- Residential respite is available to those who have approval from Aged Care Assessment Services whilst awaiting permanent placement.

How do I make a referral?

Referrals to respite services may come from the client, carer, health professional, family member or friend.

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