

Podiatry

Blue Care is uniquely positioned as one of Australia's leading residential aged care, community care and retirement living providers. We are founded on a compassionate approach to care and our reputation is built on our highly experienced team who work in more than 260 centres, in 80 communities across Queensland and northern New South Wales.

Blue Care's Allied Health service is made up of a multidisciplinary group of healthcare professionals, including Podiatrists, who provide comprehensive assessment, diagnosis, treatment and advisory services to clients.

Podiatrists provide support with the prevention, diagnosis and rehabilitation of disorders of the foot and lower limb.

Our experienced Podiatrists aim to support clients in maintaining their mobility and comfort by helping promote limb function and relieving pain where possible.

Depending on your individual needs, our Podiatrists can provide support with the following:

- Prescribing orthotics to manage pain from foot and ankle deformities
- Advising on suitable footwear
- Assisting with wound management or ulcers
- Providing education on how to manage and care for feet including corns and calluses
- Treating musculo-skeletal conditions causing pain or limiting mobility

- Assisting in managing foot related complications associated with chronic conditions such as diabetes

Blue Care's Podiatrists also hosts sessions and group programs to support clients in maintaining and improving their mobility and independence.

Referrals to Blue Care's Podiatry services may come from the client, carer, residential facility, health professional, family member or friend.

For further information on the availability of Podiatry services in your area, please contact us. Our friendly team can talk to you about your specific needs and develop and individualised program of care.

1300 BlueCare
1300 258 322
www.bluecare.org.au