

Continence Advisory Services

Blue Care is uniquely positioned as one of Australia's leading residential aged care, community care and retirement living providers. We are founded on a compassionate approach to care and our reputation is built on our highly experienced team who work in more than 260 centres, in 80 communities across Queensland and northern New South Wales.

Incontinence affects people of all ages, cultures and backgrounds. Incontinence is the accidental loss of urine from the bladder or leakage from the bowel.

Blue Care's experienced nurses and nurse advisors provide confidential support to assist people affected by incontinence to manage symptoms and causes.

Who experiences incontinence?

Women

Women who have had children are more likely to suffer incontinence than those who have never had a baby. Women approaching menopause may experience incontinence or other symptoms.

Men

Incontinence can be experienced by men with an enlarged prostate or following prostate surgery.

Children

One in five children are regular bed wetters and 3-5% of children aged between five and 17 have a daytime wetting problem (Continence Foundation of Australia, 2014).

People with a Disability

People with neurological disease or damage are at risk of incontinence. Reduced mobility can also cause incontinence or anxiety of incontinence.

Assessment

In order to establish what might be causing a bladder or bowel problem, a continence assessment is required.

An assessment can be carried out in the privacy of your own home or at a clinic. The continence assessment involves asking the client questions about their experience so that a tailor made program can be developed to suit individual needs.

Any concern about poor bladder or bowel control should never be dismissed as 'simply a small problem'. Early intervention may prevent or delay problems.

Our Continence Advisors provide:

- Education and training for Health Care Workers
- Education and information for clients and carers
- Information for service providers.

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