

# Supporting you in your home

## In-home care for people of all ages

As one of Australia's most trusted care providers, Blue Care is there for you when you need some support at home after an illness, time in hospital or to keep you active and independent for longer.

We have a wide range of services available in your home. These are just some of the services you can receive:

Around the home	Getting to places	Health and wellbeing
<ul style="list-style-type: none"> <li>• Housework</li> <li>• Washing and ironing</li> <li>• Meal preparation</li> <li>• Home modifications</li> </ul>	<ul style="list-style-type: none"> <li>• Doctor and hospital visits</li> <li>• Shopping</li> <li>• Social outings and family events</li> <li>• Appointments and collecting prescriptions.</li> </ul>	<ul style="list-style-type: none"> <li>• Physiotherapy, Podiatry and Occupational Therapy</li> <li>• Medication management</li> <li>• Showering and dressing</li> <li>• Diet and nutrition</li> <li>• In-home nursing including catheter and wound care</li> </ul>

Regardless of your age, our in-home team will work with you to find the right mix of services that meets your individual needs.

You or your doctor can talk to our friendly team on 1300 258 322 (Monday to Saturday) to discuss your individual needs and begin receiving in-home support. We can discuss with you potential government subsidies you may be entitled to or if you prefer, you can pay for your in-home support privately.

**Blue Care can arrange any support services you need. To find out more about the services we provide, visit [bluecare.org.au](http://bluecare.org.au) or call our team today on 1300 258 322 to discuss your individual needs.**

### Next Steps

Call us on **1300 258 322**



You may wish to talk with your GP about the best services for you.

**1300 258 322**  
**[bluecare.org.au](http://bluecare.org.au)**