

Respite Services

Respite services are designed to give relief to carers and people in care by offering support where it's needed and therefore enhancing their quality of life. Blue Care recognises the importance of providing a support network for carers to access when they require a break.

Who benefits from respite care?

People who have the responsibility of providing full-time care to their loved ones, such as:

- Frail older people, people with dementia and younger people with a disability
- Older or disabled people who live by themselves who suffer from loneliness and isolation

Types of respite services available

Our respite services provide carers with a much deserved break, reassured that the person they care for is being well looked after while they are away from them.

Respite services offer exciting and friendly individualised social and recreational activities either:

- In-home — focusing on lifestyle activities, assistance with light household duties, personal grooming, shopping and meal preparation as well as participation in social activities
- Centre-based – where people attend a day program that may include excursions, outdoor or indoor activities or holiday programs
- Emergency over night respite is available in some areas

What about the carers?

Carers are an important focus of our respite programs. Carers are involved in program planning and assessment of client needs. Carer support groups exist where needed, to provide an opportunity for the carers to meet other carers and provide social support and encouragement of each other.

What does it cost?

This service receives some Government funding, however, operating costs are substantially more than the funds provided.

A daily fee is charged to clients attending the respite centre and those clients receiving residential respite.

This fee includes morning and afternoon teas, lunch, transport to and from the client's homes, and most activities conducted at the centre.

Who is eligible?

Respite services can be provided for:

- Home and Community Care (HACC) eligible clients
- Department of Veteran's Affairs (DVA) recipients
- Community Aged Care Packages (CACPs) recipients
- Disability Services Queensland (DSQ) recipients, eg. Lifestyle Support or Options Plus packages
- Residential respite is available to those who have approval from Aged Care Assessment Services whilst awaiting permanent placement

How do I make a referral?

Referrals to respite services may come from the client, carer, health professional, family member or friend.

Contact us at:

Blue Care Head Office

P: (07) 3377 3377

F: (07) 3377 3366

E: head.office@bluecare.org.au

W: www.bluecare.org.au