

Community care and support options for Indigenous people

If you have a disability; are an older frail person or a carer who needs help, and you want to stay in your home and country close to family and friends, then Blue Care can offer culturally responsive and appropriate community care.

About our services

Community care is provided in your home, particularly if you need help with your daily living.

The community care services we provide are in many locations, and may include:

- allied health care (physiotherapy, social work, dietician etc.)
- delivered meals
- diabetes management
- home maintenance
- housekeeping, cleaning or laundry
- managing medications
- nursing care
- personal care (help with showering or getting dressed)
- respite for your family members or friends who care for you at home
- social activities and outings
- transport to the doctor or shops

All of our community care services operate under our Indigenous Care Strategy, which commits us to:

- employing Aboriginal and Torres Strait Islander people where possible
- training our non-Indigenous employees in understanding your culture.
- developing partnerships with Indigenous service providers, General Practitioners [GPs], hospitals, other community and social service providers and government bodies

We also have four Indigenous Coordinators who assist Blue Care to provide culturally appropriate services.

Accessing our services

Our services are respectful of your cultural and spiritual needs. Our services can be found by:

- visiting our website at www.bluecare.org.au or
- telephoning your nearest Blue Care Centre

Some services require a written referral from a GP or assessment by an Aged Care Assessment Team [ACAT].

If you contact us we can help you organise an ACAT, or you can phone Commonwealth Carelink on 1800 052 222. If you wish, we may also arrange for your family or friends to be with you at the assessment.

Contact your Indigenous Coordinator for more information:

Lyn Cullinane

South East corner of Queensland
Phone 5428 8120 or 0408 775 701

Gavin Kum Sing

North Queensland
Phone 4729 9220 or 0437 635 034